

Frequently Asked Questions

Q. Who is PreventCare® of America?

A. PreventCare® is an employee benefits firm with a laser focused exclusive practice in toxic oxidative stress management - as it relates to sub clinical systemic inflammation – the recently discovered – nearly universally accepted at the highest levels of medical science – root pathogenic cause and trigger of more than 100 major chronic diseases such as heart disease, stroke, circulatory system disorders, neurodegenerative diseases, central nervous system disorders, diabetes, autoimmune diseases, lung diseases, gastrointestinal problems, eye conditions, periodontal disease and many – if not most – if not all - cancers.

PreventCare® has partnered with BioMarker Management International to bring to the rapidly expanding world of Corporate Wellness Programs and Initiatives – The Gold Standard Cornerstone® - which is the FIRST – and currently ONLY – health benefit program to market - that is built on and centered around - the preeminent medical science discovery of the 21st Century that is perhaps the GREATEST medical science discovery of ALL TIME!

Q. Who is BioMarker Management International?

A. BioMarker Management International (BMI) is the world's leader in individually customized laboratory based medical nutrition – as well as the Gold Standard of Quality in the medical nutrition industry.

BMI utilizes full and current 21st Century science, technology and methodology – including a complete team of multi-discipline medical/healthcare personnel that has 21st Century Doctors overseeing and managing the Gold Standard Cornerstone® along with specially trained Nurses implementing and operating this unique and exclusive laser focused Program.

Q. What is the Gold Standard Cornerstone®?

A. As stated above – it is the First – and currently Only – health benefit program to market that is built on – and centered around – perhaps the GREATEST medical science discovery of ALL TIME – which is that sub clinical systemic inflammation is the root pathogenic cause & trigger of nearly every chronic disease. As such, it is designed to be the Cornerstone foundation of all wellness plans.

The Gold Standard Cornerstone® brings the 21st Century Doctor's Office to the Employer's place of business for the purpose of practicing 21st Century healthcare the way that it should be practiced.

The Program utilizes a laser focused Inflammation Health Risk Assessment along with special blood tests re: a number of sub clinical systemic inflammatory BioMarkers - along with Doctor recommended/overseen & Nurse implemented/operated Program of individually customized laboratory designed and formulated medical nutrition protocol based on those blood tests and the assessment to Shift – Numerically – adverse BioMarkers at the sub clinical level – and then Measure, Monitor & Manage those BioMarkers In REAL TIME on both an initial and ongoing basis.

It is an indisputable scientific statement to make that - since systemic inflammation is the root pathogenic cause and trigger of nearly chronic disease – any program that is not built on – and centered around – this fact - CAN NOT POSSIBLY optimize health & contain healthcare costs.

Q. What Is Sub Clinical Systemic Inflammation? How do I get it?

A. (1) Sub Clinical means at the cellular level – where good health begins or where it can begin to end – before it manifests to a clinical level.

(2) Systemic means the Whole Body as One Integrated & Interrelated System – NOT as a series of free standing unrelated parts – where each one essentially functions on their own - irrespective of their relationships with all other parts of the body.

(3) Inflammation implies a FIRE. And that is exactly what it is. The only thing is – What is Burning is YOU – at the cellular level – Burning Up From The Inside Out – And that FIRE will continue to Burn/Spread/Metastasize within you until it is either put out by sufficient and appropriate anti-toxic defense – or it disables you, debilitates you and eventually kills you.

Sub Clinical Systemic Inflammation is a 2 part problem – with a 2 part solution.

To get it – you Must Have Both Parts Of The Problem Simultaneously. They are (1) Too Much Toxic Oxidative Stress at the cellular level and (2) Not Enough Anti-Toxic Defense at the cellular level.

When that happens – a biochemical lightning bolt strikes that cell and the FIRE of future inflammatory disease is lit and it begins to burn/spread/metastasize within you as it goes through four stages – 1. cells, 2. tissue, 3. organ and 4. system. That FIRE will continue to burn/spread/metastasize until it is either put out by sufficient and appropriate anti-toxic defense – or it consumes you, your health and your life.

As this is happening – like the flashing warning lights of a car alert the driver to its depletion of – and need for – gas/oil/water – BEFORE the car burns out or overheats – Certain BioMarkers in the blood and body become adverse – and if properly and adequately tested – also serve as flashing warning lights to alert and advise what the blood and body need – again, BEFORE the Sub Clinical Systemic Inflammatory FIRE develops and EXPLODES into Clinical Inflammatory Disease – at which time it is too late to reverse or prevent the disease. At that time the only objectives are to suppress the symptoms and try to minimize the health and financial consequences of the irreversible degeneration of the disease.

Based on full and current 21st Century science – the Gold Standard Cornerstone® has identified a number of critically important BioMarkers of Sub Clinical Systemic Inflammation and/or Sub Clinical Inflammatory Disease (That currently NO Other wellness plan tests for - and then recommends an individually customized laboratory based medical nutrition protocol (That currently NO Other wellness plan's Doctors recommend) to best deal with and Shift those adverse BioMarkers – Numerically - to maximize the chances of keeping those critically important BioMarkers within generally accepted standardized ranges at the sub clinical level. This Program Measures, Monitors and Manages these BioMarkers in REAL TIME on both an initial and ongoing basis.

If Your Blood Could Talk To You – What Would It Say? Well It IS Talking To You. Its Language Is BioMarkers. It Tells You What Is Wrong And It Tells You What It Needs – And For MANY Of You – It Is Literally DYING To Be Heard!

If You Do NOT Have This Program – The First Sign That You Have BioMarkers Of Systemic Inflammatory Disease May Well Be Death Or Full Manifestation Of The Full Blown Clinical Disease – As There Are Usually No Symptoms – And NO Other Program Is Currently Identifying, Measuring, Mediating, Moderating, Monitoring & Managing These BioMarkers – Numerically!

Q. What is different/unique about the Gold Standard Cornerstone® testing – as opposed to the ones that my doctor routinely runs for me – or my once a year physical?

A. While sub clinical systemic inflammation has been indisputably accepted at the highest levels of medical science as the root pathogenic cause and trigger for more than 100 chronic diseases – that information has not been passed along to the public through their doctors or even to their doctors.

The problem is that medical science currently has 2 weapons to treat disease with – surgery and pharmaceutical drugs; and neither of them is an acceptable treatment protocol for most of the consequences of inflammatory disease. This is now becoming commonly well known (unofficially) by the masses and many doctors because it is so obvious. For example:

- (1) Surgery – Again – Systemic Inflammatory Disease Is Systemic – the Whole Body – NOT an isolated individual symptom. So to cut out an individual symptom – such as plaque that showed on an arteriogram – does NOTHING to cure, reverse or prevent the problem – so the problem often returns with more plaque somewhere else – because the disease never went away. Since surgery is NOT treating the disease systemically – it often does nothing to cure, reverse or prevent the cause – and, therefore, sustains the cause and the disease.
- (2) Pharmaceutical Drugs – Pharmaceutical Drugs are designed to suppress, mask or kill symptoms – NOT cure, reverse or prevent disease. In fact, there is NOT ONE Single Pharmaceutical Drug that cures, reverses or prevents ONE Single Chronic Disease and there is NOT ONE Single Chronic Disease that is cured, reversed or prevented by ONE Single Pharmaceutical Drug.

In fact, if pharmaceutical drugs were good for health – the United States should have the healthiest population on planet earth - as the U.S. has 5% of the world's population and takes 50% of the world's pharmaceutical drugs. However – we pay much more for healthcare than anyone and have the most diseased population of any industrialized nation.

The World Health Organization ranks the U.S. 37th in overall performance and 72nd in the efficacy in which their healthcare system improves their citizens' overall health. In addition – the latest international life expectancy rankings put the U.S. at 45th – behind Bosnia and Jordan.

It Is NOT Working. It Has NOT Worked. It Is NOT Working And It Is NOT Going To Work Because Until This New Medical Science Discovery Along With The Gold Standard Cornerstone® - It Has NOT Effectively Been Designed To Work.

Your doctor is probably checking you for early manifestation of clinical disease. Most diagnostic tests are built around cholesterol testing – a protocol that this New Healthcare Paradigm that is based on systemic inflammation has shown to be an Invalid Biomarker to base treatment on – as more than 50% of those who have heart attacks do NOT have high cholesterol; and it is doubtful if high cholesterol caused many of the other less than 50% of heart attacks. In addition – most of your doctor's treatments are designed to suppress individual symptoms – NOT to identify and then cure, reverse, eliminate or prevent the cause of the disease - SYSTEMICALLY. Until this process is changed – your results will NOT be changed or improved.

The Gold Standard Cornerstone®'s tests are laser focused centered around a number of critically important BioMarkers of sub clinical inflammation or sub clinical inflammatory disease - and its Doctor recommended laboratory based individually customized medical nutrition protocol is designed to Shift (Neutralize [Stop], De-Activate [Prevent From Continuing] and Reverse) those BioMarkers – Numerically – and, therefore, maximize your chances of delaying or preventing that BioMarker from developing into a clinical disease BioMarker and then into clinical disease.

Q. What is different/unique about the Gold Standard Cornerstone® Program as opposed to going to a local doctor who specializes in 21st Century Healthcare or to a health food store, drug store or some other venue where nutritional products and/or services are offered?

A. In the 21st Century, there have been TWO paradigm shifts in healthcare taking place simultaneously. They are:

1. More and more people are realizing the commonsense reality that it is unacceptable, unaffordable and counter-productive to health to wait until disease manifests itself and then seek invasive, traumatic, complex, expensive treatment – after the fact – to simply try and suppress the symptom(s) and sustain the irreversible disease – instead of proactively taking steps to delay, prevent or reverse disease by trying to make their bodies more resistant to disease in a quest to Live Better, Live Better Longer, Live Longer, Live More Cost Effectively, Live With Fewer Side Effects From Illness & Treatments For Any Illnesses And To Live And Enjoy Life At The Maximum Capacity That They Are Physically, Genetically and Environmentally Capable Of.

In the 21st Century – people are overloaded with information – but they are starving - and seeking – for credible, measurable, verifiable, trustworthy information, programs and people that they can put their hope, trust, efforts and actions into.

More than half of adult Americans are proactively attempting to treat themselves nutritionally – BUT They Have NO WAY to Measure or Verify the Efficacy of their Actions on either an initial or ongoing basis – to know what their status was when they started and how it changes on an ongoing basis – and to have professional guidance, oversight and counseling as to how best to maximize their chances to optimize their health. These current systemic deficiencies are EXACTLY what The Gold Standard Cornerstone® proposes to Measurably and Verifiably do for them.

2. The New Healthcare Paradigm based on – and centered around – Systemic Inflammation – has invalidated many of the core principles and treatments of the Old Paradigm (since that is what New Paradigms do). For example, if you have high cholesterol and are taking statin drugs to lower your cholesterol – Ostensibly – to reduce your risks of getting heart disease – or if you are having open heart surgery to remove the plaque that showed on an arteriogram – then you may well be dwelling in an old, outdated, often clinically misguided, sometimes flat-out wrong paradigm that is NOT optimum beneficial to either your health or to your pocketbook.

Some core principles of the old healthcare paradigm that the New Healthcare Paradigm have shown to be invalid Medical MYTHS are: (1) Reducing total and/or LDL cholesterol levels Does NOT Independently Reduce the Risks of Heart Disease – (2) NON-OXIDIZED Cholesterol DOES NOT Cause Heart Disease Because It CAN NOT Cause Heart Disease – (3) Statin drug use does NOT statistically extend life one day longer for those taking the drug as opposed to those taking placebos – (4) The current medical and government sanctioned levels of LDL cholesterol are NEITHER Beneficial, Safe NOR Clinically Proven – and (5) Due to a misguided theory and treatment protocol – 75% of the MILLIONS of open heart surgeries performed in the last 30 years – OPERATED ON THE WRONG PLAQUE! Most should not have been done – Nor should they continue to be done as they neither enhanced health, extended life, reduced side effects nor lowered costs.

The New Healthcare Paradigm along with the Gold Standard Cornerstone® address these issues.

There is a DVD/CD/E-Book Presentation available on our web site called: Why This Program? – 15 Reasons! – that identifies and details 15 differences in this Program versus any other Program on the planet - & explains why no one else does what this Program does in the manner that it does it.